~ The Summer Solstice ~

ELEMENT: Fire

COLORS: Gold, Sun Yellow, Forest Green, Fiery Orange.

CRYSTALS: Citrine, Sunstone, Carnelian, Amber.

HERBS & PLANTS: St. John's Wort, Chamomile, Lavender, Oak, Elderflower.

DEITIES: Sun Gods, Frey, Brigid, The Oak King.

MIDSUMMER RITUALS

1. Light the Summer Solstice Fire, red candle to invoke protection, passion, and creative energy.

2. Gather Midsummer Herbs: Wild-harvest herbs at dawn when their potency is said to be highest.

3. The Sun Wheel Altar: Decorate your sacred space with yellow flowers, oak leaves, and sun symbols.

4. A Feast of Abundance: Celebrate with fresh berries, honey, herbal tea, and homemade bread.

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