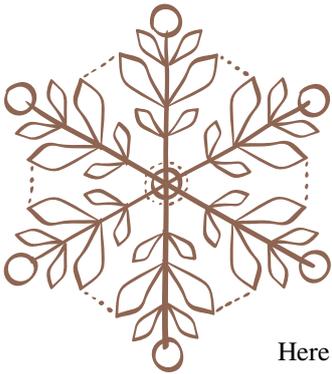




12 Nights of Jul Incense

Ingredients
You'll need:

- 2 parts Juniper berries
- 2 parts mugwort
- 1 part cedar
- 1 part pine resin (if you don't have resin, you can use dried needles)
- 1 part dried mistletoe
- 1 part laurel leaves
- 1/2 part cinnamon
- 1/2 part rosemary



INCENSE FOR WINTER SOLSTICE

Here is one of my personal incense recipes for you for the celebration of Winter Solstice that you can also use throughout the 12 magical nights of Jul, Wild One !

Ingredients for Winter Solstice / Rauhnächte incense
(For this special incense mixture I use local, dried herbs and resins)

- 2 parts mugwort
- 1 part juniper berries and 1 part juniper wood
- 1 part rosemary
- 2 parts of St. John's wort
- 2 parts yarrow
- 2 parts of rose petals
- 1 part pine needles
- 1 part fir resin

Preparation of the mixture

Add your ingredients to a mixing bowl. Measure carefully and if the ingredients need to be crushed, use your mortar and pestle. As you blend the herbs together, focus on your intent. You may find it helpful to charge your incense with an little incantation or chant, such as:

As the sun returns, back to the earth,
we celebrate life, death and rebirth.

Cold winter nights and days,
smoke in the sky, carry ills away.

A time of reflection, at the longest night,
for without the dark, there cannot be light.

Herbs of power, blended by me,
As I will, so it shall be.

Store your incense in a tightly sealed dark jar. Make a label with its name and date. Use your incense within three months, so that it remains charged and fresh
Add the powdered blend to a charcoal disk for burning when ready to use.

Enjoy!